

28<sup>TH</sup> AUG-18<sup>TH</sup> SEPT-9<sup>TH</sup> OCT-30<sup>TH</sup> OCT-27<sup>TH</sup> NOV-18<sup>TH</sup> DEC-8<sup>TH</sup> JAN-29<sup>TH</sup> JAN

WEEK 1

PRIMARY

SCHOOL

MENU

# NORTHUMBERLAND HEATH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAT  
Choice

Beef Pasta Bolognaise  
(GL)

Chicken & Peppers Pizza  
with Garlic Bread  
(GL-MI-SO)

Roast Chicken with Diced  
Roast Potatoes & Gravy

Hot Chicken & Cheese  
Panini  
(GL-MI-SO-MU-SE)

Fish Fingers with Chips  
& Tomato Sauce  
(GL-FI)

VEGETARIAN  
Choice

Mac & Cheese  
(GL-MI-MU)

Margherita Pizza  
with Garlic Bread  
(GL-MI-SO)

Shepherdess Pie  
(GL)

Hot Cheese Panini  
(GL-MI-SO-MU-SE)

Vegan Sausage with  
Chips & Tomato Sauce  
(SO)

PASTA

Tomato Pasta  
(GL)

Tomato Pasta  
(GL)

Tomato Pasta  
(GL)

Tomato Pasta  
(GL)

Tomato Pasta  
(GL)

JACKET  
POTATO

Cheese, Beans or Tuna  
(MI-FI)

Cheese, Beans or Tuna  
(MI-FI)

Cheese, Beans or Tuna  
(MI-FI)

Cheese, Beans or Tuna  
(MI-FI)

Cheese, Beans or Tuna  
(MI-FI)

VEGETABLES

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Baked Beans & Peas

DESSERT

Fruit Yoghurt  
(MI)

Chocolate Cake  
(GL-EG)

Oaty Cookie  
(GL)

Fruit Jelly

Dessert Selection  
(GL-EG-MI)



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BREAD CONTAINS - GL - MI - EG - SO



## ALLERGY KEY

CELERY - CE / GLUTEN - GL /  
CRUSTACEANS - CR / EGGS - EG /  
FISH - FI / LUPIN - LU / MILK - MI  
MOLLUSCS - MO / MUSTARD - MU /  
NUTS - NU / PEANUTS - PE /  
SESAME SEEDS - SE SOYA - SO /  
SULPHUR - SU



FRESH FRUIT AVAILABLE EVERY DAY  
FRESH BREAD AVAILABLE EVERY DAY  
SALAD BAR AVAILABLE EVERY DAY



The Pantry are committed to improving the standards of children's meals across every one of our Schools, and fresh, ethically sourced ingredients are used every day across our kitchens.

4<sup>TH</sup> SEPT-25<sup>TH</sup> SEPT-16<sup>TH</sup> OCT-6<sup>TH</sup> NOV-4<sup>TH</sup> DEC-25<sup>TH</sup> DEC-15<sup>TH</sup> JAN-5<sup>TH</sup> FEB

WEEK 2

PRIMARY

SCHOOL

MENU

## NORTHUMBERLAND HEATH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**MEAT**  
Choice

Chicken & Beef  
Sausages with Mash  
(GL-SU)

Chicken & Sweetcorn  
Pizza with Garlic Bread  
(GL-MI-SO)

Roast Turkey with Diced  
Roast Potatoes & Gravy

Chicken Curry  
with Rice

Fish Fingers with Chips  
& Tomato Sauce  
(GL-FI)

**VEGETARIAN**  
Choice

Quorn Sausage & Mash  
(GL-EG-MI)

Margherita Pizza  
with Garlic Bread  
(GL-MI-SO)

Vegetable & Potato Pie  
with Gravy

Vegetable Curry  
with Rice

Vegetable Chilli  
with Chips  
(SO-GL)

**PASTA**

Tomato Pasta  
(GL)

Tomato Pasta  
(GL)

Tomato Pasta  
(GL)

Tomato Pasta  
(GL)

Tomato Pasta  
(GL)

**JACKET  
POTATO**

Cheese, Beans or Tuna  
(MI-FI)

Cheese, Beans or Tuna  
(MI-FI)

Cheese, Beans or Tuna  
(MI-FI)

Cheese, Beans or Tuna  
(MI-FI)

Cheese, Beans or Salmon  
(MI-FI)

**VEGETABLES**

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Baked Beans & Peas

**DESSERT**

Fruit Yoghurt  
(MI)

Sprinkle Sponge Cake  
(GL-EG)

Apple Flapjack  
(GL)

Fruit Jelly

Dessert Selection  
(GL-EG-MI)



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WEEK 3

PRIMARY

SCHOOL

MENU

## NORTHUMBERLAND HEATH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAT  
ChoiceBeef Burger  
with Corn on the Cob  
(GL-SU-SO-SE)Chicken & Mushroom  
Pizza with Garlic Bread  
(GL-MI-SO)Roast Chicken with Diced  
Roast Potatoes & GravyBeef Lasagne with  
Garlic Bread  
(MI-GL-EG-SO)Fish Fingers with Chips  
& Tomato Sauce  
(GL-FI)VEGETARIAN  
ChoiceVegetable Bean Burger  
with Corn on the Cob  
(GL-SE)Margherita Pizza  
with Garlic Bread  
(GL-MI-SO)Vegan Sausage with Diced  
Roast Potatoes & Gravy  
(SO)Veggie Lasagne with  
Garlic Bread  
(MI-GL-EG-SO)Vegan Nuggets  
with Chips  
(GL)

PASTA

Tomato Pasta  
(GL)Tomato Pasta  
(GL)Tomato Pasta  
(GL)Tomato Pasta  
(GL)Tomato Pasta  
(GL)JACKET  
POTATOCheese, Beans or Tuna  
(MI-FI)Cheese, Beans or Tuna  
(MI-FI)Cheese, Beans or Tuna  
(MI-FI)Cheese, Beans or Tuna  
(MI-FI)Cheese, Beans or Tuna  
(MI-FI)

VEGETABLES

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Baked Beans &amp; Peas

DESSERT

Fruit Yoghurt  
(MI)Apple Cake  
(GL-EG)Chocolate Cookie  
(GL)

Fruit Jelly

Dessert Selection  
(GL-EG-MI)

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11<sup>TH</sup> SEPT - 2<sup>ND</sup> OCT - 23<sup>RD</sup> OCT - 13<sup>TH</sup> NOV - 11<sup>TH</sup> DEC - 1<sup>ST</sup> JAN - 22<sup>ND</sup> JAN - 12<sup>TH</sup> FEB