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PRIMARY

SCHOOL

M
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NORTHUMBERLAND HEATH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAT
Choice

Beef Pasta Bolognese
(GL)

Chicken
Pizza
(GL-MI)

Roast Chicken with
Potatoes & Gravy
(CE-SU)

Chicken Pie
(GL-CE-SU)

Fish Fingers with Chips
& Tomato Sauce
(GL-FI)

VEGETARIAN
Choice

Mac & Cheese
(GL-MI-MU)

Margherita
Pizza
(GL-MI)

Vegetable Hot Pot with
Potatoes
(GL-CE-SU)

Vegetable Pie
(GL-CE-SU)

Vegan Sausage with Chips
& Tomato Sauce
(SO)

PASTA

Tomato & Vegetable
Pasta (GL)

Tomato & Vegetable
Pasta (GL)

Tomato & Vegetable
Pasta (GL)

Tomato & Vegetable
Pasta (GL)

Tomato & Vegetable
Pasta (GL)

JACKET
POTATO

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

VEGETABLES

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

DESSERT

Ice Cream (MI)
or Fresh Fruit

Apple Flapjack (GL)
or Fresh Fruit

Vegan Fruit Jelly
or Fresh Fruit

Sprinkle Cake (GL)
or Fresh Fruit

Sliced Fruit Wedges

1ST JAN - 22ND JAN - 12TH FEB - 4TH MAR - 25TH MAR - 15TH APR - 6TH MAY - 27TH MAY - 17TH JUN - 8TH JUL - 29TH JUL



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BREAD CONTAINS - GL - MI - EG - SO



ALLERGY KEY
 CELERY - CE / GLUTEN - GL /
 CRUSTACEANS - CR / EGGS - EG /
 FISH - FI / LUPIN - LU / MILK - MI
 MOLLUSCS - MO / MUSTARD - MU /
 NUTS - NU / PEANUTS - PE /
 SESAME SEEDS - SE SOYA - SO /
 SULPHUR - SU



FRESH FRUIT AVAILABLE EVERY DAY
FRESH BREAD AVAILABLE EVERY DAY
SALAD BAR AVAILABLE EVERY DAY



WEEK 2

PRIMARY

SCHOOL

MENU

NORTHUMBERLAND HEATH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAT
Choice

Beef Chilli with Rice (GL)

Chicken & Sweetcorn Pizza (GL-MI)

Roast Turkey with Potatoes & Gravy (CE-SU)

Chicken Curry with Rice

Fish Fingers with Chips & Tomato Sauce (GL-FI)

VEGETARIAN
Choice

Vegetable & Bean Chilli with Rice

Margherita Pizza (GL-MI)

Vegetable & Potato Pie with Gravy (CE-SU)

Vegetable Curry with Rice

Vegetable Omelette with Chips & Tomato Sauce (EG-MI)

PASTA

Tomato & Vegetable Pasta (GL)

Tomato & Vegetable Pasta (GL)

Tomato & Vegetable Pasta (GL)

Tomato & Vegetable Pasta (GL)

Tomato & Vegetable Pasta (GL)

JACKET
POTATO

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Salmon (MI-FI)

VEGETABLES

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

DESSERT

Ice Cream (MI) or Fresh Fruit

Oaty Cookie (GL) or Fresh Fruit

Vegan Fruit Jelly or Fresh Fruit

Sweet Potato Brownie (GL) or Fresh Fruit

Sliced Fruit Wedges

8th JAN-29th JAN-19th FEB-11th MAR-1st APR-22nd APR-13th MAY-3rd JUN-24th JUN-15th JUL



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FRESH FRUIT AVAILABLE EVERY DAY
FRESH BREAD AVAILABLE EVERY DAY
SALAD BAR AVAILABLE EVERY DAY



NORTHUMBERLAND HEATH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAT
Choice

Sweet Potato Topped
Cottage Pie
(GL-CE-SU)

Chicken & Mixed Pepper
Pizza
(GL-MI)

Roast Chicken with
Potatoes & Gravy
(CE-SU)

Beef Lasagne
(GL-MI-EG)

Fish Fingers with Chips
& Tomato Sauce
(GL-FI)

VEGETARIAN
Choice

Sweet Potato Topped
Vegetable Cottage Pie
(GL-CE-SU)

Margherita
Pizza
(GL-MI)

Vegetable
Parcel with Gravy
(GL-CE-SU)

Veggie Lasagne
(GL-MI-EG)

Falafel with Chips
& Tomato Sauce
(GL)

PASTA

Tomato & Vegetable
Pasta (GL)

Tomato & Vegetable
Pasta (GL)

Tomato & Vegetable
Pasta (GL)

Tomato & Vegetable
Pasta (GL)

Tomato & Vegetable
Pasta (GL)

JACKET
POTATO

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

VEGETABLES

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

DESSERT

Ice Cream (MI)
or Fresh Fruit

Home Baked Cookie (GL)
or Fresh Fruit

Vegan Fruit Jelly
or Fresh Fruit

Banana Cake (GL)
or Fresh Fruit

Sliced Fruit Wedges



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BREAD CONTAINS - GL - MI - EG - SO



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 SESAME SEEDS - SE SOYA - SO /
 SULPHUR - SU



FRESH FRUIT AVAILABLE EVERY DAY
FRESH BREAD AVAILABLE EVERY DAY
SALAD BAR AVAILABLE EVERY DAY

