

NORTHUMBERLAND HEATH PRIMARY SCHOOL

"In any given moment we have two options: To step forward into growth or to step back into safety." - Abraham Maslow

Dear Parents/Carers,

We hope you have had a wonderful week now that the wind has finally died down!

It has been a week full of learning and events!

Some of our staff refreshed their skills with first aid in the hub on Monday and this was with other staff from across the partnership.

On Wednesday, Years 5 and 6 had workshops focusing on Growing Against Violence. They spoke about local gangs and making the right choices and the consequences if those choices are not made.

We welcomed Year 1 parents into the school on Thursday afternoon for their community day. There was food from around the world, arts and crafts, construction corner and lots of family bonding activities! Well done to the Year 1 team for such a fantastic event linked to their topics, parents and children had a great time!

Year 2 went on their trip to The Science Museum linked to their topic they are learning, explorers in space. They had an amazing time and behaved so well! Well done Year 2!

We hope you have a great weekend and see you all on Monday.

Ms D Indresano and the NHP Team!

We wanted to share some feedback from the parent survey that was completed before Christmas. We will also be detailing our next steps from some of the points raised over the next few weeks.

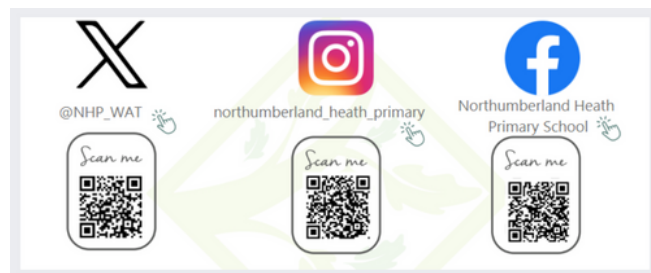
'I feel the school has made vast improvement. My children are very happy.'

'My children are both very happy as the school, have loved every teacher they have and have good relationships with their peers.'

'Am happy and also my kids are happy with the activities and performances of the school.'

'I can see that with new management things going right direction, well done .Keep it this way.'

A big thank you to all the Year 6 parents who attended the SATs meeting on Monday. We do hope you found the session useful and a copy of the presentation has been sent to you via Arbor. Please do not hesitate to ask your child's class teacher if you have any questions.



Early Years



This week Catkin class have been thinking about wellbeing and how we can help ourselves. We have been using mindfulness 'make a rainbow.

Use the link [Rainbow Breath - Learn To Raise Your Energy | Meditation For Kids | Breathing Exercises | GoNoodle \(youtube.com\)](#)

The children have enjoyed learning how to use their breath to feel calm.

This week Year 1 hosted a community day where we asked parents to join us for an afternoon to celebrate our diverse culture and heritage in our local community. It was a beautiful way for us to come together and enjoy the afternoon together.

Year One



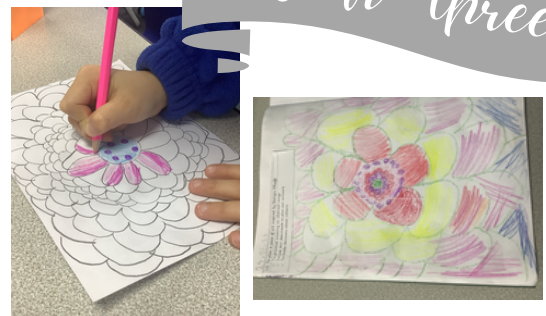
This week in art, children have been learning how to mix colours. They then mixed different colours to match their skin tones. This will help the children later in the term, when they have to draw a self-portrait.

Year Two



This half-term, Year 3 have been considering the choices that artists make when making decisions about colour. This week, we have been looking at the abstract flower pictures of Georgia O'Keeffe, and planning our own versions of flower and fire pictures which we will continue to create next week using oil pastels. We will share those with you when they are completed!

Year Three

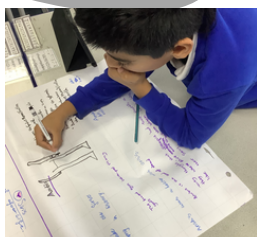


Year Four



Year 4 have been using our multiplication knowledge and applying it to dividing numbers. This week's focus has been on dividing a 2 digit number by a 1 digit number. We have used manipulatives to support us with these calculations.

Year Five



This week in History the students created and presented their posters that were based around Egyptian Gods. This topic has been incredibly enjoyable as they have found some humorous facts.

Oak class have been taking their pulse for a science investigation this week. The children wanted to investigate what happens to your heart rate when you complete some mild, and then vigorous exercise. After their exercise, they recorded the increase in their heart rate in beats per minute, drew a line graph and then wrote a conclusion.

Year Six



STAR OF THE WEEK

Bluebells AM	Apraj
Bluebells PM	Blair
Catkin	Dollie
Saplings	Huzaimah
Aspen	Japdeep / Raschel
Hawthorn	Joshua A
Elm	Reggie
Rowan	Oliver
Nettle	Skyla

London Plane	Nieve
Silver Birch	Ethan
Mountain Ash	Joseph
Maple	Hameet
Spruce	Mia
Whitebeam	Eylul
Pine	Olivia
Beech	Blake
Linden	Kayleigh
Oak	Elara
Cedar	George
Elder	Prithwin

ATTENDANCE

Class	26.1
Bluebells	85.5
Saplings	70.5
Catkins	68.6
Hawthorn	87
Aspen	93
Nettle	78.6
Elm	90.5
Rowan	90.4

London Plane	94.8
Mountain Ash	90.2
Silver Birch	87.9
Spruce	88.8
Maple	93.6
Whitebeam	89
Linden	90.4
Pine	99.5
Beech	93.9
Elder	96.5
Oak	94.0
Cedar	87.9
Whole School	92.3



Once you have logged into your Pantry account you can choose your child's meals for the week, and for future dates. If you do not book your child's meal they will receive a jacket potato. Meals must be ordered before 9am, if ordering the same day. If you need support please contact the pantry directly on:
Telephone: 020 8813 7040
Email: office@thepantrycatering.co.uk
(Include your child's name, school, year group and guardians details)



Arbor and Communication

We use Arbor to communicate important notices and information with parents. You should have set up your account when your child joined the school. If you are unable to access the Arbor app, please speak to the front office.
Also, please follow our social media pages on Facebook, Twitter and Instagram to see what's going around school.
We also have a weekly newsletter that is uploaded to Arbor, social media, and our website.

SAFEGUARDING WITH MRS BEALE

Children's Mental Health Week will take place from 5-11 February 2024. The theme this year is 'My Voice Matters'.
My Voice Matters is about empowering children and young people by providing them with the tools they need to express themselves. Over the course of the week there will be lessons and assemblies about being heard and we will also share resources you can use at home.

This year, we want to empower children of all ages, backgrounds and abilities to work together to create a positive change for their mental health and wellbeing. Our aim is for Children's Mental Health Week, we want all children and young people to be able to say – and believe – "My Voice Matters."



HAPPY BIRTHDAY TO



Teddy, Michael, Emmanuella, Harriet, George, Alexsander, Amelia, Vlad & Ryan-Lee



Please check back each week for updates. Also look on our social media pages & Arbor app.

Monday	Tuesday	Wednesday	Thursday	Friday
<u>29th</u> Remember to book your child's school meals for the week before 9am. 9am - Positive mental health and anxiety workshop MHST coffee morning 10am EYFS tour Choir - Young Voices	<u>30th</u> School Nurse Drop-in Linden and Pine School Trip	<u>31st</u> Silver Birch and London Plane Trip	<u>1st February</u>	<u>2nd February</u>
<u>5th</u>	<u>6th</u> Beech School Trip Y6 workshops (in school)	<u>7th</u> Year R/1/2 Valentines Disco (During the school day)	<u>8th</u> Valentine's Craft Day Year 3/4 Valentines Disco (during the school day) Year 5/6 Valentines Disco 3.30-5.30	<u>9th</u> <u>Half Term is 12th - 17th February. We are back to school on Monday 18th February.</u>

RE M I N D E R

If you have a query, please email before calling the school office as call volumes are high, and this can delay us in completing important tasks.

Email: nhpoffice@watschools.org.uk

W E E K L Y E V E N T S

Monday	Tuesday	Wednesday	Thursday	Friday
PE Day - Year 3 Forest Sch -Nursery AM Choir Club Ball Skills (KS1) Storytelling Club	PE Day - Reception PE Day - Year 4 Drama Club Ball Skills (KS2)	PE Day - Year 1 PE Day - Year 5 Swim - Mountain Ash Forest School - Catkin Chess Club Stop Motion Animation	PE Day - Year 2 PE Day - Year 6 Swim - London Plane Swim - Silver Birch Forest School - Saplings	Forest Sch -Nursery PM PE Day - Reception