

# NORTHUMBERLAND HEATH PRIMARY SCHOOL

*Consistency is what transforms average into excellence.*  
- Tony Robbins

Dear Parents/Carers,

We hope that you are all doing well and managing to keep dry with all this rain!

We have had another busy week here at NHP. The children in photography club really tapped into their creative sides with lots of enhanced pictures to create stories, they really are having so much fun!

Elder Class in Year 6 went on their trip to the Imperial War Museum; the children were really impressed with the big displays and planes! They really immersed themselves into WW2!

We have so much happening this term, so please make sure you take a look at the dates below. This term, we have decided to have Family Learning Days rather than a craft day. This will be a chance for parents to go into the classrooms and learn alongside their child and complete an activity! We look forward to seeing many parents there!

Reminder that it is World Book Week next week, we hope to see many parents coming in on Thursday to read with their child. The children can come dressed in their pyjamas or comfortable loungewear on Thursday as well.

Rock Kidz will be coming into the school on Monday, we are really looking forward to their sessions with the children; it looks to be so much fun! The team from Rock Kidz will be outside after school doing a meet and greet on the playground and it will be a chance for parents to purchase any merchandise if they wish to.

An email about Parents' Evening went out today and bookings open on Monday, please make sure you book a slot to see your child's teacher to see how they are getting on in class and what their next steps are. Partnership with parents is so important!

We hope you have a wonderful weekend and we look forward to seeing you all on Monday!

Ms D Indresano and the NHP Team!

## Note to Parents/Carers

Due to a global change to email systems, the majority of your emails may be going into your junk email folder. Therefore, we ask that you always check your junk folder so that you do not miss our Arbor messages.



## Early Years



In Bluebells we have thoroughly embraced the new topic 'People who help Us'. Learning the difference between 'Everyday heroes' and 'Superheroes' has been very exciting. We have learnt the new vocabulary of 'fiction and non-fiction', loved reading 'Supertato' and smashing ice cubes to free the evil pea!

In Year 1 Science we have been looking at rocks and stones. We wanted to find out what properties rocks and stones have. We did the scratch test using a paper clip, to find out if rocks are hard.

## Year One



## Year Two



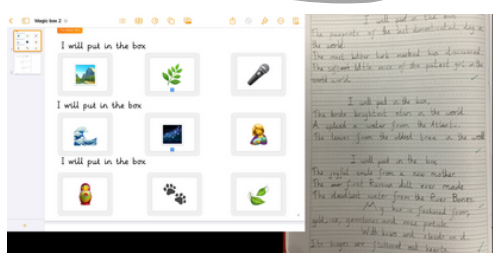
This week in year 2 we have begun our experiment to see how plants grow in different conditions. The children have all planted their own seeds and they will watch how they grow over the rest of the term. Some will grow in the sunlight and some will grow in the dark. Some will be watered and some won't. We wonder what the outcome will be?

We launched our topic on Romans with a Day in the Life of a Roman for Big Bang Day. We learnt about the things everyday Romans enjoyed doing by visiting the Circus Maximus to watch some chariot racing. We went to the Colosseum to see the gladiators fight and finally we saw a funny show at the theatre.

## Year Three



## Year Four



Inspired by Kit Wright's 'Magic Box' poem, Year 4 have created their own 'Magic Box' poem. After planning in Pages, they then turned their nouns into expanded noun phrases.

## Year Five



This week Year 5 have been writing a descriptive setting about the rainforest, using personification, adjectives and a range of sentence structures. They have written some beautiful writing! Well Done Year 5! In Maths, they started using decimals and fractions and linking the two together. They also started their rainforest art!

Oak class have finished their wonderful graffiti characters. The children drew the characters in the style of Nathan Bowen, using bright paints and black felt pens to finish their designs.

## Year Six



## ATTENDANCE

N Bluebells	90.0%	3 London Plane	89.3%
R Catkin	93.7%	3 Mountain Ash	95.7%
R Saplings	97.7%	3 Silver Birch	89.6%
1 Aspen	93.2%	4 Maple	94.8%
1 Hawthorn	87.6%	4 Spruce	93.2%
2 Elm	94.1%	4 Whitebeam	98.4%
2 Nettle	94.7%	5 Beech	95.2%
2 Rowan	91.3%	5 Linden	94.3%
		5 Pine	95.2%
		6 Cedar	90.7%
		6 Elder	95.7%
		6 Oak	94.8%

## Star of the Week

Class	Name
Bluebells AM	Hema
Bluebells PM	Fynley
Catkin	Brady
Saplings	Ronnie-Rai
Aspen	Harry
Hawthorn	Iyla
Elm	Sophia
Rowan	Charlie
Nettle	Melissa

London Plane	Brody
Silver Birch	Vlad
Mountain Ash	Ronnie C
Maple	Zarae
Spruce	Harry
Whitebeam	Annie-Rose
Pine	Ravreet
Beech	Osariemen
Linden	Aydin
Oak	Teddy
Cedar	Nyomi
Elder	Paige



If you have a query, please email before calling the school office as call volumes are high, and this can delay us in completing important tasks.

Email:

nhpoffice@watschools.org.uk

## SAFEGUARDING WITH MRS BEALE

When stress takes over, it can make you lose your temper and say or do things you later regret. You might find yourself saying something hurtful or smacking your child. Living in a stressful home can also impact on your child's feelings and healthy development. But you can avoid this by managing stress and anger.

### • Accept support

This may be from your family, a friend or by using online forums. Knowing that there are other parents in the same situation can be a great encouragement.

### • Make time for yourself

This may involve doing things like exercising or listening to music. It can be as simple as a long soak in the bath, watching a film or going for a walk. If you live with a partner, agree a way to make sure you both get time off.

### • Be as prepared as possible

Parenting can of course be stressful at certain times, so consider ways of dealing with this in advance. For example, if your child gets bored and irritable on long journeys, or waiting for things like doctor's appointments, take a couple of books or activities to keep them busy.

### • Don't overlook success

If you have coped well with something difficult, be proud of what you've achieved. Celebrate your children's successes too.

## TRYING TO KEEP YOUR COOL

### • Get help

This is a positive step to take and not a sign of weakness. If you're feeling stressed and anxious all the time, seek some outside advice. A range of difficulties may get in the way of being a parent and it's important to get help. Talk to your GP or health visitor, or call the NSPCC helpline on **0800 800 5000**.

### Look after yourself

Being a parent or carer is so important. While it's common to feel less needed as children get older, or to feel more like a taxi driver or cleaner, you are the person your child will look to for help. Finding time for yourself is something you shouldn't overlook or feel guilty about. It may take planning but having a break can help you to be the best parent you can be.

Coming up...



## HAPPY BIRTHDAY TO

Hunaydah, Leah, Alicja, Jaxson, Mabinty, Sabrina, Tiffany, Sofia, Joshua & Penny.



Please check back each week for updates. Also look on our social media pages & Arbor app.

Monday	Tuesday	Wednesday	Thursday	Friday
4th Book Making Rock Kidz workshop Spruce Library Visit	5th Shared Reading Silver Birch Library Visit	6th PTA Mother's Day Wrap Reception, Y1 & Y2	7th World Book Day - Dress in PJs/ Comfy Clothes Parents can come in to read with children 9am for half hour. Maple & Spruce Trip PTA Mother's Day Wrap Y 3 & 4	8th London Plane Library Visit International Women's Day PTA Special Person Wrap Y 5 & 6 Pre-loved Book Fair - 50p books after school in the playground.
11th Mountain Ash Library Visit	12th	13th Reception Police Visit Whitebeam Trip	14th	15th Nettle Library Visit Red Nose Day - Info to come, everyone to dress in red / clothes with red on! SALT Coffee Morning 9am
18th	19th Hawthorn Library Visit	20th Parents Evening 1 3.45 -5.30pm Booking opens Monday 4th March at 9am	21st Parents Evening 2 3.45-7pm Booking opens Monday 4th March at 9am	22nd Aspen Library Visits
25th Oak Library Visit <u>Family Learning Day:</u> Nursery AM 8.30-9.00am Nursery PM 3.00-3.30pm Reception 2.45-3.15pm	26th Cedar Library Visit Elder Library Visit <u>Family Learning Day:</u> Y1/2/3 2.45-3.15pm	27th Year 2 Trip Catkin Trip <u>Family Learning Day:</u> Y4/5/6 2.45-3.15pm	28th Last day of term Saplings Trip	29th Good Friday School Closed School resumes on Monday 15th April

## WEEKLY EVENTS

Monday	Tuesday	Wednesday	Thursday	Friday
PE Day - Year 3 Forest Sch -Nursery AM Choir Club Coding Club Times Table Club Ball Skills (KS1)	PE Day - Reception PE Day - Year 4 Ball Skills (KS2)	PE Day - Year 1 PE Day - Year 5 Swim - Mountain Ash Forest School - Catkin Photography Club Stop Motion Animation Forest School Club	PE Day - Year 2 PE Day - Year 6 Swim - London Plane Swim - Silver Birch Forest School - Saplings	Forest Sch -Nursery PM PE Day - Reception